

Supplementary Material:

Internet Use Behavior Checklist

Informational Internet Use

- Read online news
- Browse online articles
- Follow WeChat public accounts
- Share online articles
- Search for information online

Social Internet Use

- Chat on WeChat
- Send emojis/pictures via WeChat
- Share short videos on WeChat
- Browse WeChat Moments (Friends' updates)
- Like/comment on WeChat Moments
- Share personal life/opinions on WeChat Moments
- Receive digital red packets (e.g., WeChat Hongbao)
- Send digital red packets

Instrumental Internet Use

- Pay mobile phone bills online
- Pay utility bills (water/electricity/gas) online

Shop online

Book medical appointments online

Book train/plane tickets online

Reserve hotels online

Use ride-hailing apps (e.g., DiDi, Uber)

Use mobile navigation (e.g., Gaode Maps, Baidu Maps)

Manage finances via mobile apps (e.g., e-banking, stocks/funds)

Track package deliveries

Recreational Internet Use

Read e-books/online novels

Watch TV shows/movies online

Record and upload audio (e.g., singing)

Listen to others' audio recordings (e.g., songs)

Watch short videos

Record and upload short videos

Create digital photo albums

View others' digital photo albums